



# Discrimination Based on Sexual Orientation: Understanding the Issues and Solutions

Discrimination based on sexual orientation is a persistent and harmful issue that affects countless individuals across the globe.

# What is Sexual Orientation?

## A spectrum

Sexual orientation refers to a person's enduring physical, romantic, and/or emotional attraction to another person.

## Beyond binary

It is a spectrum, not a binary, including various identities including lesbian, gay, bisexual, transgender, queer, and others.

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# Challenges Faced by LGBTQ+ Individuals

## Discrimination

Facing discrimination in various areas of life such as employment, housing, family, healthcare, and education.

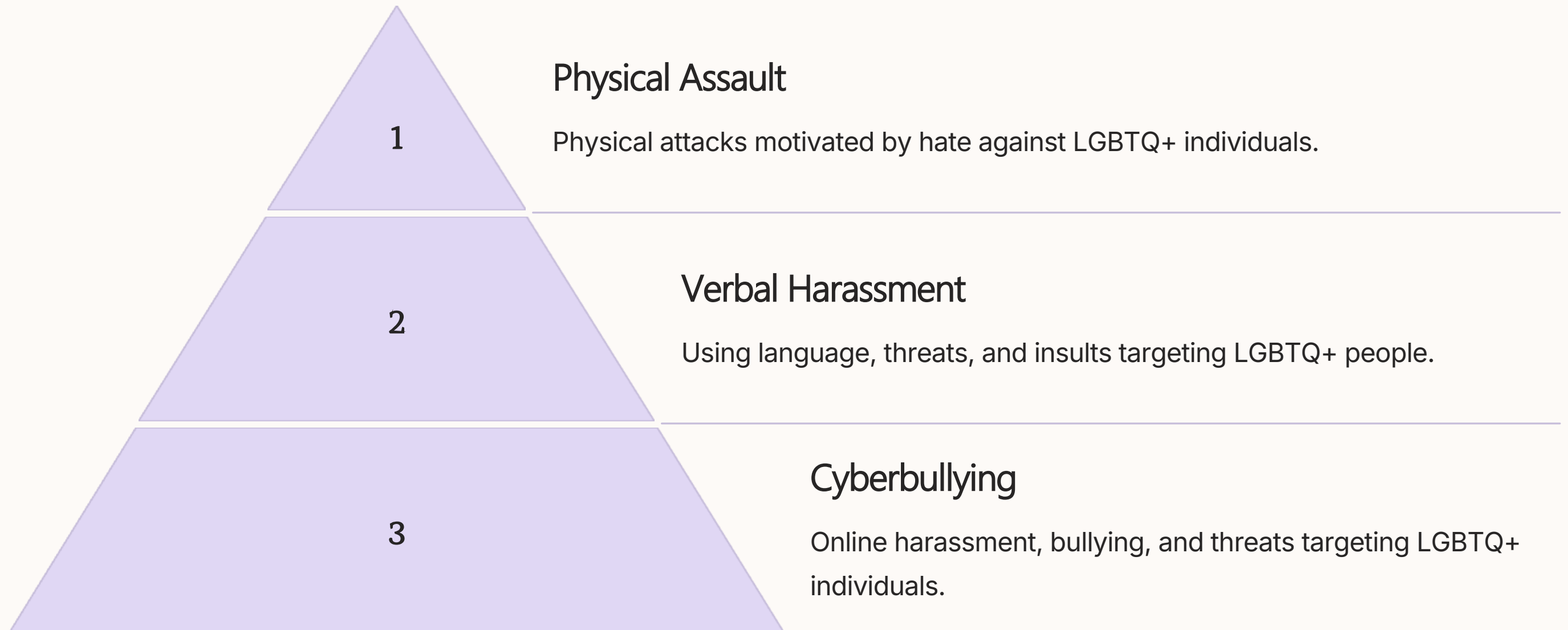
## Mental Health

Experiencing higher rates of anxiety, depression, and suicidal thoughts due to social pressure and prejudice.

## Social Exclusion

Often facing social isolation, lack of acceptance, and prejudice from family, friends, and communities.

# Hate Crimes and Violence







# Strategies for Combating Discrimination

## 1 Legal Protection

Approving and strengthening laws that protect LGBTQ+ people from discrimination.

## 2 Education and Awareness

Promoting understanding and empathy through educational initiatives and campaigns.

## 3 Support Networks

Building strong support networks for LGBTQ+ individuals to combat isolation and discrimination.

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